

Burrell Behavioral Health
Columbia TAY Team
Columbia TAY-BH/DD Team
Sedalia TAY Team
Springfield Adult Team
Springfield TAY Team

BJC
St. Louis TAY Team

Compass Health
Nevada Adult Team
Raymore TAY Team
St. Charles Crider TAY Team
Jefferson City Metro TAY Team

Family Guidance Center
St. Joseph Adult Team

Ozark Center
Joplin Adult Team
TAY Team

Places for People
St. Louis Adult teams:
ACT 1 Team
Home Team
IMPACT Team
FACT Team

Preferred Family Healthcare
Hannibal TAY-ITCD Team

St. Patrick Center
St. Louis Adult Team

Hopewell
St. Louis TAY Team

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Assertive Community Treatment

ISSUE 19 SUMMER 2018

MO ACT NEWSLETTER

Hello from DMH by Rosie Anderson-Harper

Certified Peer Specialist Update

For many years the Missouri Department of Mental Health, Division of Behavioral Health (DBH) has recognized two peer credentials, one with the goal of qualifying peers to work with individuals with mental health disorders and the other focused on individuals with substance use disorders. Peers have received different education and support based on their own lived experience and whether they wanted to help people in recovery from substance use or mental health disorders.

Research and national experts tell us that an integrated approach in using resources and helping people in recovery from mental health and substance use disorders is the best way forward. Beginning in March of 2018, the Missouri Credentialing Board, in partnership with the DBH, is training and credentialing peers across the state with one standard curriculum. The Certified Peer Specialist Basic Training provides participants the tools needed to use their personal story to provide support to individuals in treatment and recovery programs. DBH will

recognize one peer credential; the Certified Peer Specialist. The basic training for peers will continue to be free of charge to participants.

What this means for peers and providers:

- More year-round training opportunities for peers;
- Peers with different kinds of lived experience will work and learn together;
- A streamlined certification and recertification process;
- A unified voice under one network of credentialed peers; and
- A larger peer workforce.

The new Missouri Peer Specialist website is <https://mopeerspecialist.com/>



To find past issues of the ACT Newsletter, go to the DMH—ACT page at:

<http://dmh.mo.gov/mentalillness/provider/act.html>

Scroll down to “newsletters” and find your archived online copy!

Missouri ACT is on the web!

<http://dmh.mo.gov/mentalillness/provider/act.html>



NEW FACES AND TEAMS!

We want to welcome those individuals who have recently joined our ACT teams!

Burrell ACT-TAY BHDD Team:

Stephanie Bonaparte – Program Assistant

BJC ACT-TAY Team

Leo Gormley – Co-occurring Specialist

Grace Frederick – RN (temp)

Rachelle Perkins – Employment Specialist

Angela Kayar – Peer Specialist

Lauren O’Neil – CSS

Kari Wilson – Therapist

Burrell ACT-TAY Columbia Team

Alicia Pruitt – Employment Specialist

Amanda Torrini – Team Leader

Justin Jackson – Program Assistant

Ozark Center-TAY Team

Tami King – Prescriber

Places for People ACT 1 Team:

Darrick Carter – Peer Specialist

Hopewell Center TAY Team:

Nadine Bhatti – Psychiatrist

Family Guidance Team:

Miriah Wood – Employment Specialist

Compass TAY Metro Team:

Devin Hoover – Team Leader

Becky Kroeger – Co-occurring Specialist

Compass Crider TAY Team:

Kathy Crandall-Program Assistant

Places for People Impact Team:

Britney Brown – Program Assistant

Teresa Matt – RN

ACT Tips & Tools of the Trade

Weekly client schedules

ACT clients receive a unique set of services, designed for intensity but also for a high level of psychiatric rehabilitation to be provided. This ties in nicely with WRAP, IMR, IRT and other wellness strategies which help individuals take the lead in their own wellness goals. A high level of involvement in one’s own treatment means being involved with what goes on with the team from day to day and week to week. How better to capture all of this with an easy method such as client sched-

ules? The schedule serves many purposes. It keeps the team and the client on track with each upcoming visit, who will be visiting and most importantly, for what purpose. Additionally, schedules can include other vital appointments or meetings such as legal, medical, employment related or other planned activities.

The schedule may change from week to week, and needs to reflect the current treatment plan goals/objectives. An ideal person on the team is the Program Assistant to make those ongoing changes and

ensure clients receive updated schedules. It is a tracking mechanism that must be a routine for the team. Some clients may not understand how to use the schedules to benefit them so efforts to explain their use as part of their own wellness goals and accountability is time well spent. The team may also discover trends such as needed changes to the treatment plan from using weekly schedules.

Parts taken from “A Manual for ACT Start-Up”, 2003 Ed. By Allness and Knoedler.



For resource information on Supported Employment and Education services for Transitional Age Youth, visit the DMH website:

<http://dmh.mo.gov/men-talillness/transitio-nagevouth.html>



Follow PACTwise team solutions ' blog for interesting articles written by fellow ACT staff with over 30 years' experience in the field at: <https://pactwiseblog.com/>

TEAM MEMBER SPOTLIGHT

Name: Devin Hoover

Team: JC Metro / Pathways

Located: Jefferson City

Position: Team Lead

Favorite food: Chocolate

My Favorite thing about being on the ACT team:

Working on an interdisciplinary team that allows multiple perspectives on each client is my favorite part so far since working with my team. Daily huddles give us so much information to work with for each client and improves client treatment.

TMACT Corner

OS5—Program Size

The TMACT protocol measures whether the team has the adequate number of staff to serve the number of clients on the team. The integrated approach to services for ACT require the team to maintain adequate staff size and disciplinary background in order to provide comprehensive, individualized services to each client. Considered as part of the team FTE are all direct service staff who work at least 8 hours per week including the psychiatric care provider. It also includes residents or interns who are assigned to the team at least 8 hours per week and remain with the team for 1 year. It excludes the Program Assistant. The protocol provides a grid to determine the number of FTE needed for the caseload cap size. Thus, a team functioning below the cap size is still scored based on the maximum number of clients they are to serve. A team with a capacity of 50 individuals needs at least 7 FTE to score a 5 in fidelity. A cap of 70 requires at least 8.2 FTE. The score is reduced accordingly if the FTE is lower. The scale item considers current FTE, so vacancies are not counted in the total FTE for this item.

You can receive ACT specific technical assistance from DMH staff. They are happy to assist!

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RESOURCES



Center for Evidence-Based Practices at Case Western Reserve University

<http://www.centerforebp.case.edu/>

Individual Resiliency Training (IRT)

<https://raiseetp.org/studymanuals/IRT%20Complete%20Manual.pdf>

Copeland Center for Wellness and Recovery

<http://copelandcenter.com/wellness-recovery-action-plan-wrap>

Division of Behavioral Health Employment Services

<http://dmh.mo.gov/mentalillness/adacpsemploymentservices.html>

Dartmouth Supported Employment Center

<http://www.dartmouthips.org/>

Certified Peer Specialist

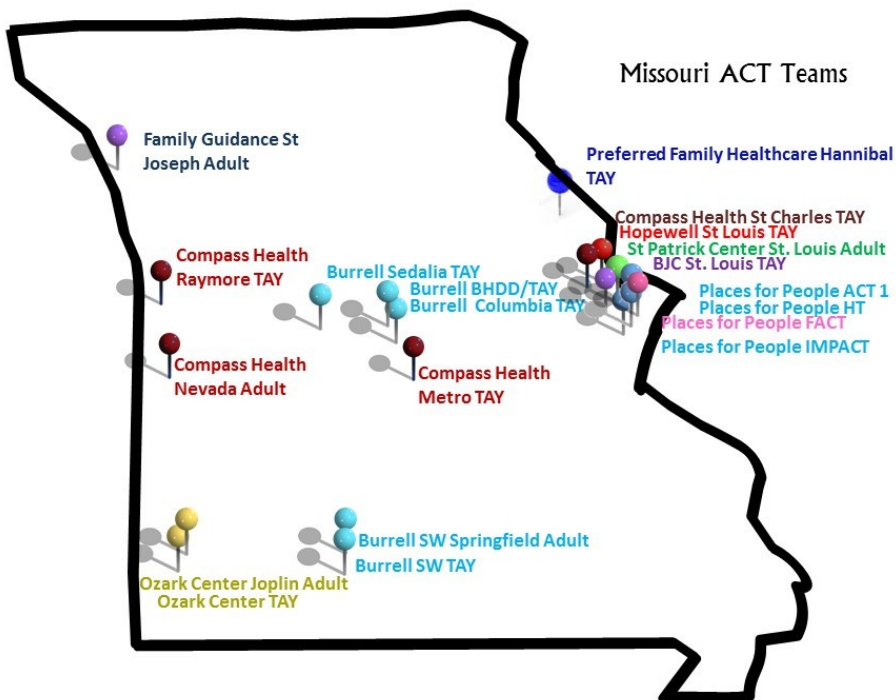
<http://www.mopeerspecialist.com>

SSI/SSDI Outreach, Access and Recovery (SOAR)

<http://soarworks.prainc.com/>

Missouri Recovery Network

www.morecovery.org



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munity Treat-
ment Newsletter
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To access the free
and downloadable
Supported Hous-
ing Toolkit on the
Substance Abuse
and Mental Health
Services Admin-
istration
(SAMHSA) web-
site:

[CLICK HERE](#)

Take the free
SOAR
online
training
course by
visiting

<http://soarworks.prainc.com/course/ssissdi-outreach-access-and-recovery-soar-online-training>

Save the dates:

Missouri Coalition Behavioral Health Conference

Sept 12-14

Chateau on the Lake

Branson, MO

ACT TEAM LEADER FACE TO FACE MEETING

OCTOBER 26TH

DEPARTMENT OF MENTAL HEALTH BUILDING

JEFFERSON CITY

TMACT Version 3

Hard to keep up with exactly what has changed? We understand. We created this [Q&A](#) to explain changes made since TMACT 1.0 Revision 1. We also recorded a webinar for you! Part I is nearly 2 hours long and takes you up until about EP6. Part II is about 45 minutes, finishes up with the review AND gives you a sneak peak into eTMACT. [PowerPoint Handout here.](#)

Part I (nearly 2 hours):

<https://attendee.gotowebinar.com/recording/3949706742188054274>

Part II (45 min. long AND includes sneak peak at eTMACT):

<https://attendee.gotowebinar.com/recording/6898709078069390338>



Arts & Literature

Expression

Portrait of a man (Who am I?)

From such pain, I arose awaiting to take place and recover all that was lost in past rubbish. I am not black nor Negro, I am not ~~colored~~ nor am I African American; I am not what you desire to call me nor am I him or her. I am not confused about myself- I figured you would ponder; who am I? That's the question which emerges from the depth of your sublime.

Freely spoken, as you build yourself with ignorant convictions and still you wonder? This is my new story, a new beginning, a brand new chapter which has hope, trustworthiness and with those alike; I can pass that pain that kept me blind for so many years to come. All of its torment fades slowly and evaporates like yesterday- just faint memories; I do not wish of hate and the hatred was the old me.

Behold! I said to myself with a peaceful sound mind, hatred; I buried deeply in the ground. Brighter dreams waiting to be fulfilled and a new look at my body, I accepted for what I say it is; my soul which is clothed by flesh has called and forgiven others before thyself. I'm burdened by a chip on my shoulder, since I was young, I was troubled; I've gotten older and I have made amends to the hurt hearted and to others- I've tried profoundly and I had begged the departed, soundly.

What made me?

Was the past, the individuals, changed me; this book which unfold, mold and shape me into what I am today-

A portrait of a man (Who am I?)

Everhart, M.



Creativity

**SUBMIT YOUR CLIENT ART—POETRY, PHOTOS,
TESTIMONIALS, SHORT STORIES, PHOTOS OF
PAINTINGS, SCULPTURE, ETC.—TO
LORI.NORVAL@DMH.MO.GOV**